

SALT SPRING INN

Sunday Brunch

Served Sunday until 2 pm.

Our Regular Breakfast is Served Monday to Saturday

Free Range Eggs - 10

Two free range eggs done any style with home fries and multi-grain toast

Country Style - 11½

Two free range eggs served with home fries, multi-grain toast and your choice of bacon or rosemary flax sausages or ham

Mini Breakfast - 9

One free range egg served with home fries, multi-grain toast and your choice of bacon or rosemary flax sausages or ham

Salt Spring Scramble - 13

Two free range eggs, goat cheese, fresh tomatoes, peppers & onions, served on a toasted bagel with home fries

Black Forest Ham Omelette - 13½

Black Forest ham and two cheeses served with our home fries and multi-grain toast

Vegetarian Omelette - 13½

Fresh spinach, feta and two cheeses served with our home fries and multi-grain toast

The Inn Keeper's Special - 15

Two free range eggs and two pancakes served with home fries, multi-grain toast and your choice of bacon or rosemary flax sausages or ham

Breakfast Ciabatta - 11

Crispy maple smoked bacon, tomato, lettuce and a fried free range egg on a toasted Ciabatta bun, served with home fries

Steak & Eggs - 19

Two free range eggs & a 6oz New York steak done your way, served with home fries, and multi-grain toast

Eggs Benedict - 13

Two poached free range eggs, Black Forest ham and Hollandaise on an English Muffin, served with home fries

Crab Cake Benedict - 15

Two poached free range eggs, crab cakes and Hollandaise on an English muffin, served with home fries

Florentine Eggs Benedict - 14

Two poached free range eggs, goat cheese, fresh spinach, tomatoes on an English muffin with Hollandaise served with home fries

Eggs Blackstone - 12½

Two poached free range eggs, bacon and tomato on an English muffin with Hollandaise served with home fries

Organic Granola, & Yogurt - 9

All organic oats, raisins, dried cranberries, sesame seeds, pumpkin seeds, sunflower seeds, coconut, almonds & honey with fresh fruit, served with yogurt

Yogurt & Fresh Fruit - 7½

Buttermilk Waffles - 11

Made in house, served with real maple syrup, whipped cream & fresh fruit

Fabulous French Toast - 10

Served with real maple syrup & fresh fruit

Buttermilk Pancakes - 10

Our own pancake mix, served with real maple syrup & fresh fruit

Extra Stuff

Bacon - 3 ~ Rosemary Flax Sausages - 3½ ~ Salsa - 2

The Inn Coffee - 7¼

Frangelico, Creme de Cacao and Bailey's

Inn Caesar - 6¾

Absolut Vodka, Clamato, garnished with celery, lime and a spicy bean made with our own hot sauce

Traditional Mimosa - 7¼

Tropicana orange juice, champagne, topped with Grand Marnier

Island Mimosa - 6¾

Tropicana orange juice, champagne, topped with Peach Schnapps

We serve locally roasted coffee from Moonbeans Coffee Roaster and have a selection of organic teas

Ask us about our extensive Gluten Free alternatives



04-18